

Tush Push

Choreographed by Jim Ferrazzano

Description: 40 Counts, 4 Wall, Beginner Line Dance

Music: Any medium swing tempo music

RIGHT HEEL TAPS

1-4 Right heel tap, touch right beside left, right heel tap twice, and prepare to switch weight from left to right. Original: 4 right heel taps

LEFT HEEL TAPS

5-8 Left heel tap, touch left beside right, left heel tap twice, and prepare to switch weight from right to left. Original: 4 left heel taps

RIGHT, LEFT, RIGHT HEEL TAPS AND CLAP

9-12 Right heel tap, (switch weight and) left heel tap, (switch weight and) right heel, and clap on count 12 Leave the right foot in front of the left in order to prepare for the next steps.

BUMP RIGHT HIPS FORWARD TWICE

13-14 Move weight forward over right foot and bump right hips forward twice.

BUMP LEFT HIPS BACKWARD TWICE

15-16 Move weight back over left foot and bump left hips backward twice.

BUMP HIPS FORWARD AND BACK TWICE

17-20 Bump hips forward (right), bump hips backward (left). Bump hips forward (right), bump hips backward (left).

LEFT FORWARD CHA-CHA

21-24 Put weight on right foot and do right-left-right cha-cha. Rock forward on left. Rock back on right.

RIGHT BACKWARD CHA-CHA

25-28 Left-right-left cha-cha. Rock back on right. Rock forward on left.

LEFT FORWARD CHA-CHA AND ½ TURN RIGHT

29-32 Right-left-right cha-cha step forward left. Military pivot ½ turn to right.

RIGHT FORWARD CHA-CHA AND ½ TURN LEFT

33-36 Left-right-left cha-cha. Step forward right. Military pivot ½ turn to left.

RIGHT FORWARD, ¼ TURN LEFT, STOMP, AND CLAP

37-40 Right forward. ¼ turn left. Stomp right beside left to complete the ¼ turn. Clap

REPEAT