

The Blues is alright

Choreographed by: Pim van Grootel and Roy Verdonk (Nov 08)

Music: The blues is alright by Little Milton

Descriptions: 48 count – 4 wall – Easy intermediate

Out out, hold, sailor step R, sailor step L, cross, ¼ turn L

& Rf Step out to right side
1 Lf Step out to left side
2 Hold
3 Rf Cross behind Lf
& Lf Step to left side
4 Rf Step to right side
5 Lf Cross behind Rf
& Rf Step to right side
6 Lf Step to left side
7 Rf Cross over Lf
8 Lf Step ¼ turn R backwards (3.00)

¼ turn R, side, rock fwd, walk bwd 4x L,R,L,R

1 Rf Step ¼ turn R to right side (6.00)
2 Lf Drag towards Rf
3 Lf Rock forward
4 Recover weight on Rf
5 Lf Step backwards
& Scoot Lf and hitch with Rf
6 Rf Step backwards
& Scoot Rf and hitch with Lf
7 Lf Step backwards
& Scoot Lf and hitch with Rf
8 Rf Step backwards

Touch diagonally L,R, shuffle L, shuffle ¾ turn R

1 Lf Touch diagonally forward
2 Lf Back next to Rf
3 Rf Touch diagonally forward
4 Rf Back next Lf
5 Lf Step forward
& Rf Step next Lf
6 Lf Step forward
& Turn ¾ right (3.00)
7 Rf Step to right side
& Lf Step next Rf
8 Rf Step to right side

Cross, turn ½ R, rock bwd, shuffle R

1 Lf Cross over Rf
2 – 4 Make a ½ turn right (in 3 counts)(9.00)
5 Rf Rock backwards
6 Recover weight on Lf
7 Rf Step to right side
& Lf Step next Rf
8 Rf Step to right side

Behind and cross 2x, slide R, sailor step L

1 Lf Cross behind Rf
& Rf Step to right side
2 Lf Cross over Rf
& Rf Step to right side
& Lf Cross behind Rf
4 Rf Step to right side
5 – 6 Make a big step to right with Rf
7 Lf Cross behind Rf
& Rf Step to right side
8 Lf Step to left side

Step ½ turn L, rock step, out out – in in 2x

1 Rf Step forward
2 Make a ½ turn L, ending weight on Lf (3.00)
3 Rf Rock forward
4 recover weight on Lf
& Rf Step out to right side
5 Lf Step out to left side
& Rf Step back
6 Lf Step next to Rf
& Rf Step out to right side
7 Lf Step out to left side
& Rf Step back
8 Lf Step next to Lf