

Don't Phunk With My Cha

Competition Step Sheet

DIVISION: ALLSTARS - LATIN

Description: 64 Counts, 2 Walls, Cha Cha, Non-Country

Choreographer: Jodie Seedel

Music: "The Creeps" (Radio Edit) by Camille Jones Vs Fedde Le Grand

Count in: 32 Count Intro



SECTION 1

- 1 Step RF to R side
2& LF rock across RF (2) and replace weight onto RF (&)
3&4& Step LF to L side and push hip up (3) replace hip down and rock weight slightly onto RF (&) repeat counts 3&
5 Cross LF over RF in preparation for turn
6 Complete full turn and ronde R leg round to behind LF, keeping toe in contact with floor
7& Step RF behind LF, Step LF to L side
8&1 Cross RF over LF (8), step LF to L side (&), cross RF over LF and flick LF back behind L knee

SECTION 2

- 2 Bring LF through directly in front of body and touch in front
3,4 Roll through L hip, anti-clockwise, using LF as support, R leg has weight of body
5,6,7 1.5x figure of 8 through hips starting R, L, R
8& Bring RF to LF and angle body 45 degrees R and pulse through torso x 2

SECTION 3

- 1,2 Body roll up from knees to head
3,4 Step LF over RF starting to turn over L shoulder (3), rotate through the hips (from L to R anti-clockwise) (4)
& Step on RF still rotating round to L
5,6 Repeat counts 3,4
& Step on RF still rotating round to L
7 Same as action in 3,4, in one count
& Step on RF still rotating round to L
8 Same as action in 3,4, in one count
& After completing full rotation to front, kick RF sharply forward on 45 degree angle to Left corner

SECTION 4

- 1& Rock back on RF, replace weight onto LF
2&3&4 Cha cha lock steps travelling fwd leading with RF toward Right corner
& Hitch L Leg bringing L knee up to R knee (small hitch)
5& Cross LF over RF (5) step RF to R side (&)
6 Step LF behind RF and shoot RF out into small low ronde
7 Put weight onto RF behind LF
& Step LF to L side slightly turning to L to face front again
8& Cross RF over LF, move LF slightly to L keeping behind RF

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SECTION 5

- 1,2 Step RF to L side keeping LF behind (cross cha cha action). Hold for count two accenting hip motion
- &3,4 Step LF to L side starting figure 8 action (&) replace weight onto RF and finish figure 8 action slowly
- 5,6 Cross LF over RF, hold for count 6 accenting hip motion
- &7,8 Step RF to R side starting figure 8 action (&) replace weight onto LF and finish figure 8 action slowly

SECTION 6

- & With weight on LF, ¼ turn to L bringing RF in to LF without weight
- 1,2 Cuban walk fwd on RF, Cuban walk fwd on LF
- &3 Step RF fwd (&) upon toes and twisting torso lock LF in behind RF
- &4 Step RF slightly fwd still on toes (&), step LF fwd and both feet flat
- &5 Step RF forward (&) upon toes and twisting torso lock LF in behind RF
- &6 Step RF slightly forward still on toes (&), step LF forward, both feet flat
- &7 Rock forward on RF (&), replace weight back onto LF
- &8 Step straight back on RF (&), turning ¼ to L step LF strongly to L side with split weight.

SECTION 7

- 1,2 Hold for two counts
- &3,4 Step RF next to LF (&), Shoot LF to L side and push hip up to L twice on counts 3,4
- &5,6 Step RF next to left foot (&), Shoot left foot to left side and push hip up to left twice on counts 5,6
- &7,8 Step RF next to LF (&), Shoot LF to L side and push hip up to L twice on counts 7,8

SECTION 8

- &1& Stepping down on LF, kick RF sharply fwd (&), rock back on RF (1), replace weight fwd onto LF (&)
- 2&3&4 RF fwd locking Cha Cha, Step RF fwd (2), LF lock behind RF (&), step RF fwd (3), LF lock behind RF (&), step RF fwd (4)
- & Step LF together
- 5,6 Make ½ turn to L stepping RF to R side (5) and bring LF to RF whilst pushing hips back and clockwise with direction of feet (6)
- 7,8 Make ½ turn to L stepping RF to R side (7) and bring LF to RF whilst pushing hips back and clockwise with direction of feet (8)

START AGAIN